



# LIVING CEREMONY

*an Organization dedicated to the Sacred*



Living Ceremony Org (TM) supports the invoking of sacred space, the stilling the mind to open up vistas of experiential awareness, and honoring the authentic primordial being within each of us through the creation of the personally sacred.

Living Ceremony (TM) is dedicated to helping you find the divine within, in order to live from the inside out. Many people today feel disconnected from Nature, and their own natural rhythms. Many have gotten lost in a swirl of confusion, fear, and incoherent values promoted and adopted by factions in society. Rarely does the individual get the time or encouragement to find their own authenticity and explore fully what has meaning for them. Living Ceremony (TM) encourages the individual to gain direct personal insight, supporting the journey to his or her true authentic self. Living Ceremony does this in a number of ways. These include:

1. Rite of Passage Workshops: Honoring and creating significant milestones in the life of an individual or group to enhance moving to the next phase of development. These workshops include instruction and preparation for coming of age, weddings, graduations, crowning, funerals, divorce, passing to another phase in life, etc. These workshops culminate in a family, person or group creating their own rite of passage for themselves or another.
2. Honoring Needs and Forming a Relationship to Ones Body and Natural Cycles: Moontime, Introspection, Retreat, etc.
3. Listening to the Still Small Voice Within: intuition, automatic writing, and improvisation.
4. Journeying into yourself and finding your connection to the fabric of life.
5. Feeling the dance of all within. Exploring Interconnection and Interdependence.
6. The Art of Celebration: classes on how to create celebration.
7. Living Life through Relationship with Each Other and the Natural Kingdom; tuning into and connecting with Nature and the Elements. True Communication.
8. Forming Relationship with the Mythos of the Heavens: Archeo-Astronomy and the Stars.
9. The Mythology of Your Personal Ancestors, and mythologies from other cultures that you are called to explore. Examining similarities and differences in cultural mythologies.
10. Understanding personality Archetypes and how to utilize this understanding when walking through the world. Mask making and face painting.
11. Working with Indigenous Elders and Exploring various Indigenous understandings, rites of passage, cosmologies, ways of life and belief systems.
12. Finding Your True Voice & Heart; toning, singing, communal sound circles, drumming, art.
13. Reconnecting with the joy of life: the art of play and improvisation.
14. The Dance of the Divine Masculine & Feminine: workshops and lectures.
15. Connecting in Community: Drum Circles, Ecstatic Dance, Pot Latch (Giveaway), Dedication.
16. Purification and Clarity: Lineage Blessing and Purifying Herbs, Spiritual Protocol.
17. Holding your Center: Meditation, Introspection, Awareness, Intuition.
18. Exploring the Waking Dreamscape: Indigenous Journeying ways and Dream Work.
19. Understanding Indigenous Rites, Cosmology and View, and the World of Spirit
20. Storytelling and the Sacred Language of the Soul. Theater. The world of Symbology.
21. Our Connection to Our Life Force - Breathing Exercises, Empowerment, Chi Kung, Tai Chi, Grounding, Presence, Mindfulness, Sound Bath Meditations etc.
22. Indigenous and Ancestral Understandings. Surpassing the Conceptual World.

The Living Ceremony org. (TM) honors the process of personal experience as a direct way to gain self knowledge and understanding.