

## LIVING CEREMONY™

"Coming of Age" is an essential part of growing up that every youth and their family will go through. The question is - how will you bridge this transition, and who will you turn to for help along the way?

Living Ceremony creates a much needed support system for middle & high school youth and their guardians, providing opportunities to more deeply explore this important transition through our fun and meaningful program and workshops.

...Because we all need a little help growing up



## LIVING CEREMONY™

Contemporary / group created / participatory & indigenous themed rites of passage workshops for coming of age and other life transitions. Living Ceremony Programs provide the support, community & guidance for girls to explore their personal transition into young womanhood. This incorporates family participation, Mentorship, & peer opportunities to assist each girl in finding her inner empowerment and communal Voice. **INDIGENOUS ELDER**s can be available to guide each group in the ways of their specific cultures.

## L.C. Offerings

### 4 Day Group Workshop

Explore the creation of a Rites of Passage Ceremony with a group of girls and their families. Teens will explore:

Who Are You?  
What is a Woman?  
How you Honor Yourself  
How others should Honor You  
Boundaries  
About Your Moon Cycle  
Getting Support as you Blossom

Ceremonial Clothes and Objects  
Creating Gifts & Special Mementos  
Making Sacred Space  
Creating an Altar  
Vision Boards  
Art and Music  
Poetry & Skits



This workshop will Culminate in a Participant Created Rite of Passage.

### 5 Week Program

Learn about and explore the indigenous ways of your culture with a cultural leader / mentor.

Introduction to Inner Listening  
Connecting to the Earth & more.

This Program is More Comprehensive and will culminate in a Participant Created Rite of Passage.

### Individual Rites of Passage

See 4 Day Group Workshop above, but this is done for an individual family and not in a communal Group Setting

### Comprehensive Programs

Comprehensive Programs are in development that will include a 1 year long Mentoring Program as well as a 3 year Deep Dive Mentoring Program.



## LIVING CEREMONY™ Leaders

### FOUNDER, MARI (FIX) MACEWEN

Member of the Scottish Bard Clan MacEwen / Ewing, she has been working with Ceremony for 20+ years. Mari has studied with many indigenous teachers, is versed in Moon Time & Indigenous ways and holds certificates in Celtic, Viking, Buddhist, Taoist and Religious Studies. She also has a background in the therapeutic arts of energy medicine, mindfulness, and sound healing. She is accredited to facilitate Florida State's Program "Healing with the Arts," and is an ordained Minister. She has worked as a counselor in USC Keck School of Medicine's pilot program in motivational Interviewing counseling teens.



### TCHISE AJE – TRADITIONAL HEALER

Tchise Aje is a Ceremonialist, Priest, Licensed Massage Therapist, spoken word artist and natural healer. She has a background in indigenous ways and the therapeutic Arts, & further has an in-depth background in classical astrology, aroma therapy and energy medicine. Tchise has a degree in Theater from Cal State Long Beach.



### MARIO BLACKWOLF – MEDICINE MAN

Mexica-Apache Native historian, Mario has appeared on local and international television giving lectures and interviews. He has a background in Spiritual customs and Native Plant understanding as well as Traditional Native Storytelling.



### LUIS XIONEZTLI – MEDICINE MAN

An Elder from Mexico, Luis has a degree in Composition & Ethnomusicology and has one of the largest collections of Pre-Columbian flutes in the World. He is versed in many traditional indigenous ways of Mexico.



### AYO ADEYEMI – AFRICAN PRIEST

African Yoruban Medicine Man and Drum Master. Ayo teaches drumming, singing and dancing as a form of prayer and celebration.

